



Bulletin 2

WOC2021 Selection Races

Middle and Long Distance, 5-6th June 2021

1. General information

Organising team

Event Office	Jana Kubátová info@woc2021.cz / +420 770 131 163
Covid-19 Office	Alena Voborníková covid@woc2021.cz / + 420 770 131 208
Covid-19 Doctor	Kateřina Matějů covid@woc2021.cz
Event Directors	Jan Pícek (Saturday), Petr Karvánek (Sunday) director@woc2021.cz
Trainings	Radek Novotný trainings@woc2021.cz / +420 732 445 679
Course controller	Daniel Wolf
Course setters	Michal Horáček, Martin Janata (Saturday) Petr Karvánek (Sunday)

Programme

Saturday June 5th 2021	9:00	Middle Distance	Tanvald
Sunday June 6th 2021	9:00	Long Distance	Srbská Kamenice



Fairness (!)

Both races take place throughout the day. The following rules must be observed. Please, play fair.

- prohibition of the use of GPS watches
- maps will be collected in the finish zone and given to the team leader in sealed envelope before departure of the team
- GPS tracking, if the team will use it, will be in private mode and it can be published only after the last start of the whole race (not team!)
- do not interact with athletes who already finished, if you finished, do not interact with athletes waiting for their start
- online results will be published throughout the day

Embargoed areas

According to the IOF Competition rules (§ 26.5), embargoed areas are forbidden for all potential WOC 2021 athletes, team officials and other persons, who, through knowledge of the terrain, may influence the results of the competitions. All embargoed areas are under strict embargo. You can enter the embargoed area on the marked way to start, in the pre-start and warm-up area and during your race. Do not reenter the embargoed area after your race until the competition is finished. For cooling down please always use the area of the race arena or adjacent road. More information and maps are available on <https://eventor.orienteering.org/Events/Show/5814>. Direct link to detailed map of the embargoed areas <http://bit.do/map-of-embargoed-areas>.

For selection races will be used:

- 7/5 - Tanvaldský Špičák
- 7/12 - Srbská Kamenice



Event Office

Only online - please contact Jana Kubátová (info@woc2021.cz / +420 770 131 163)

Punching

SPORTident Air+ punching will be used for all races. Participants are requested to use their own SIAC cards during the event.

Classes

Women, Men

Clothing And Footwear

There are no regulations regarding clothing. Choice of footwear is free for all races. Athletes are kindly asked to run in national jerseys in order to prepare video materials for the WOC 2021.

Starting order

Each team will start separately from the others. Startlist will be communicated before issuing it with the team leaders. **In case you prefer your own starting order within the team**, please, contact info@woc2021.cz till Tuesday June 1st 2021.

Model events

No official model event will be organized. You can choose relevant training areas from our training courses. Warm-up maps without controls will be provided before both events.

GPS tracking

No official GPS used by organizers, it depends on each team. If the team uses it, it will be in private mode and it can be published only after the last start of the whole race (not team). Organizer will provide exported course maps for GPS tracking after the race.

Online results

Online results will be provided by organizers for all teams. Link will be available at www.woc2021.cz

Start bibs

No start bibs will be provided by organizers.

Insurance

Competitors participate at their own risk. Insurance against accidents is the responsibility of their federation or themselves, according to national regulations. There are no unusual features of the event.



Medical issues

Medical service will be available at the arenas.

Payments

The invoices will be issued after the Selection Races, if possible the costs will be added to the overall Training Camp invoice. All the costs have to be covered via bank transfer.

Only after prior agreement it is possible to pay on site. In this case you will get only a confirmation about paying, not an invoice. Please contact us on info@woc2021.cz

Jury

Jan Šedivý, CZE

Charly Boichut, FRA

Ildikó Szerencsi, HUN

2. Covid-19 measures

All the measures written below are binding for all participants (Athletes, Team officials and Organisers). Please follow the general rules updated in the [Training Camp / Selection Races Bulletin](#).

Entering Czech Republic

Important changes and the essential information for coming, staying or leaving the Czech Republic are published on our webpage <https://woc2021.cz/covid-19/>.

According your citizenship

EU + citizens need:

- a confirmation about "being athlete on TC" issued by the Czech Orienteering Federation (COF)

NON EU+ citizen need:

- a confirmation issued by the National Agency of Sport of the Czech Republic (they have 5 working days for issuing!)
- a confirmation about "being athlete on TC" issued by the Czech Orienteering Federation (COF)

Both certificates are provided by organisers, please contact us on covid@woc2021.cz

According the country you are entering from

Binding is the [valid travel map](#) and valid [List of countries](#). The colours of the countries change each Friday, please check it before your arrival!



Colour	Filling of online Passenger Form	Test in departure country	Test in CZE (within 5 days)
GREEN	NO	NO	NO
ORANGE	YES	antigen (max 24 hours)/PCR (max 72 hours)	NO
RED	YES	antigen (max 24 hours)/PCR (max 72 hours)	PCR before start of Training/Event
DARK RED	YES	PCR (max 72 hours)	PCR before start of Training/Event

Vaccination

Currently only vaccination done **in CZE, GER, AUT, HUN, SVK and SLO** count's for everyone who enters CZE from an orange/red country!

Weak positives¹ coming from EU+ countries need a [medical certificate](#), then no test before or after arrival needed.

Please be aware that your citizenship and the country of your departure (if you spent more than 12 hours here) to Czech Republic are two different things!

Entering Selection Races (SR)

All participants of the SR have to provide:

- **A negative PCR test not older than 72 hours (from 2. June or closer the SR)**
or
- **a certificate declaring full vaccination (in english).**

The certificates for the whole Team have to be sent to the covid@woc2021.cz not later than 4. June 23:59 or have to be present in hard copy on the arena C-19 check-in.

Participants who will not provide an appropriate certificate will not be allowed to enter the arena.

In case of your interest, we are able to help you with testing, see the valid [TC Covid Bulletin](#) Section 4.1 for more information.

Entering Arena

There will be **C-19 check-in** by entering the arena/parking organized, which will include:

- submit of the hard copy of the necessary certificates, if were not send to the email previously

¹ Suffered the Covid-19 disease previously, max. 90 days before entering CZE.



- signing of the Self reporting document (see below)
- undergo a measurement of body temperature by the organisers. If repeatedly measured a temperature above 37.5 °C:
 - a person without any Covid-19 symptoms² will undergo an antigen test on-site and wait for a result. There are no consequences applied, when the result is negative. Otherwise, the person will be sent into a pre-isolation in his/her room immediately and undergo a PCR test.
 - a person showing any Covid-19 symptom will be sent into a pre-isolation in his/her room immediately and undergo a PCR test.

During Event

- Keep social distancing at least 2 meters.
- Face mask off only during warm up, race, cool down, drinking/eating.
- An athlete will dispose of the face mask on the start line.
- Disposable face masks will be provided at a finish area. It has to be put on immediately after finishing a race.
- Athletes are encouraged to use their cars and spend as little time in the arena as possible.
- It might happen that by the cars meeting two different Teams (members), it is strictly forbidden to communicate and come closer than 10 meters!
- Personal responsibility is expected of all!

3. Middle Distance

Competition area: Embargoed area WOC 2021 - 7/5 - Tanvaldský Špičák

Competition arena: Campsite Tanvaldská kotlina (Jizerské hory)
GPS: 50.7415217N, 15.2828431E

Parking: 150 m from the arena. No parking fee.
GPS: 50.7413817N, 15.2801656E

C-19 check-in: Same place as parking.

Sale: Simple kiosk at arena (cakes, coffee, soup).

Toilets: At arena and 300 m from start, no showers

Terrain: Challenging mountain terrain with broken ground surface of Jizerské hory. Hilly and physically demanding, altitude 500 - 810 m. Steep slopes partly with granite boulders and cliffs.

² Symptoms of Covid-19 disease such as fever, loss of smell or taste, cough, fatigue, shortness of breath, diarrhea, or unexplained loss of appetite.



Visibility: varies from very good in grown beech forests to medium in grown spruce forests and to very low in denser spruce or self-seeded beech vegetation.

Runnability: very good in grown beech forest, partly significantly limited by the steepness of the slopes with stony surface, in some parts also by fallen trees, high blueberries and thickets.

- Start:** First start: **9:00**
3.1 km (elevation 290 m) from Arena to Start (will be marked)
Minimal start interval: 3 min
- there is no water provided by organizers
 - 300 m from start (but not directly on the way from Arena to Start) is possible:
 - toilets
 - building (shoes with metal dobs and spikes are not allowed inside) and shelter to stay until the start ("quarantine")
 - transport of athlete's warm-up clothes and small bags to the arena by organizers
- Start procedure:**
- 4 call, SI card number and name check by organizer, SI card clear
 - 3: SI card check, control descriptions
 - 2: SIAC test
 - 1: map table (athlete can take the map in the moment of the start - beep on the clock)
- 50m marked way from timed start to start triangle
- Quarantine:** Organizers don't provide quarantine and it is up to the teams. The coaches must give a deadline, when all competitors of the team must leave the parking following a marked way to start. Since then quarantine rules apply (no mobile phones and other devices with internet connection, no old maps). In the pre-start area there are toilets, building and warm-up area indicated on the warm-up map. Athletes must stay in this dedicated area until their start. Location of the start is visible on the warm-up map.
- Warm-up map:** Warm-up maps will be available on C-19 check-in (same print quality as for race)
- Map:** 1 : 10 000, contour interval 5 m, map is mapped by WOC 2021 mappers Matěj Klusáček and Jiří Vištejn in ISOM2017-2. No old map available. offset print (Žaket Praha), sealed in plastic bags.
- Control description:** Printed on the map and separate descriptions are available at start. Maximum dimensions: 55x155mm (Women), 55x150mm (Men)
- Finish:** Follow the marked route from the last control to the finish. At the finish line the



runners must punch the finish unit (in beacon mode). Proceed to SI read out, maps will be collected until the last runner has started. Water is available after the finish.

Course lengths: Men 5.4 km / 260 m / 19 c.
Women 4.6 km / 250 m / 20 c.
No refreshment during the race provided by organizers.

Est. winning times: 35 min

Long Distance

Competition area: Embargoed area WOC 2021 - 7/12 - Srbská Kamenice

Competition arena: Kemp U Ferdinanda
Srbská Kamenice 148, 40715 Srbská Kamenice
GPS: 50.8371086N, 14.3567678E

Parking: directly in the competition arena

Sale: restaurant directly in the competition arena

Toilets: Only in the competition arena (no toilets in the pre-start area)

Terrain: Continental sandstone terrain of Labské pískovce, altitude 210 - 469 m. Its intricate morphology consists of plenty of deep valleys and re-entrants crowned by massive sandstone rock formations. At places, the rocks are even present in more levels.
Visibility: Mostly grown pine, spruce or beech forest, where visibility is generally very good - limited in areas of young pine plantages and areas of mixed forest.
Runnability: is generally very good, though often significantly limited by the steepness of the slopes. In some parts, running is also limited by high blueberries (often present at plateaus and also in some slopes) and in thickets of various ages.

Start: First start - **9:00 (change from invitation!)**
1) 1.5 km (elevation 0 m) from Arena to Finish - place for athlete's packages
2) 0.3 km (elevation 25 m) from Finish to Start
No toilets on start / finish arena
Start interval 4 min for Men and 5 min for Women.

Quarantine: Organizers don't provide quarantine and it is up to the teams. If the team



requires a quarantine zone before the start the coaches must set the rules.
Warm-up area indicated on the warm-up map can be used for such purposes.

- Warm-up map: Warm-up maps will be available in the arena.
- Map: 1 : 15 000, contour interval 5 m, map is mapped by WOC 2021 mappers Zdeněk Sokolář and Jiří Vištejn in ISOM2017-2. Offset print (Žaket Praha), sealed in plastic bags.
[Link to old map](#)
Intensive logging takes place in the competition area. Map is updated, but new clearings from last week before the competition can occur!
- Control description: Printed on the map and separate descriptions are available at start.
Maximum dimensions: 55x130mm (Women), 55x150mm (Men)
- Start procedure: -4 call, SI card number and name check by organizer, SI card clear
-3: SI card check, control descriptions
-2: SIAC test
-1: map table (athlete can take the map in the moment of the start - beep on the clock)
50m marked way from timed start to start triangle
- Finish: There is no marked corridor from last control to finish. At the finish line the runners must punch the finish unit (in beacon mode). Read out will be in the arena, maps will be collected until the last runner has started. Water is available after the finish.
- Course lengths: Men A: 11.5 km / 860 m / 18 c.
Men B: 11.5 km / 860 m / 17 c.
Women A: 7.5 km / 580 m / 14 c.
Women B: 7.5 km / 580 m / 14 c.
- Refreshment during race provided by organizers (water):
Men 3x (30%, 50%, 75%)
Women 2x (20%, 65%)
Own refreshment at controls is not possible.
- Because of the large entry we split both classes into two courses of similar lengths to secure longer start intervals. Athletes from one federation / group always run the same course.
- Est. winning times: 70 min women, 90 min men

We are looking forward to seeing you!